



BREAKFAST MENU

7AM TO 10.30AM MON - FRI
7.30AM TO 11AM SAT - SUN
Non Residents €22

Refreshing Juice

Freshly Squeezed Grapefruit Juice, Freshly Squeezed Orange Juice Pressed Organic Apple Juice, Smoothie of the Day

Organic Ballymore Oatmeal Porridge

Banana and Maple Syrup Seasonal Berries, Seeds and Local Honey Irish Whiskey and Brown Sugar

Favourite Cereals

Cornflakes, Rice Krispies, Weetabix, House Muesli, Granola, Gluten Free Corn Flakes

Light Healthy

Natural Yoghurt with Berries, Granola and Honey
Fresh Fruit Salad

The Bakery

Brown or White Toast, House Sourdough, Selection of Pastries
Guinness and Ballymore Organic Oat Brown Bread
Scones, Gluten Free Croissants (on request)

FROM THE KITCHEN

Traditional Irish Grill, Derry Clarke Pork Sausage, Dry Cure Bacon, Black Pudding, Field Mushroom, Tomato, Hash Brown, Eggs of your Choice

Free Range Eggs Benedict, Spinach, English Muffin, Dry Cured Bacon, Hollandaise Sauce

Free Range Eggs Royale, Smoked Salmon, Spinach, English Muffin, Hollandaise Sauce

Brioche French Toast, Dry Cured Bacon, Maple Syrup

Vegan Sausage Roll, Sautéed Spinach, Field Mushroom, Spinach, Tomato Relish

Smoked Salmon and Avocado and Crème Fraiche

Beef Tomato and Avocado Tartine on Grilled Sourdough

Selection of Teas

Locally Roasted Creed Coffee