

# SPA SQ MASSAGE

"Indulge, Relax, Renew: Your Journey to Serenity Begins Here."



## ABOUT ME

### Paulina Markiefka

I am a facial manual therapist, masseuse and personal trainer.

i specialize in facial massages and body massages. In my work, I focus on a holistic approach and natural products

My mission is to help people feel better.



### MYOFFER



### FACIAL MASSAGE

#### Kobido massge

Kobido massage is a traditional Japanese facial massage technique focused on promoting youthful skin, relaxation, and a sense of wellbeing. It combines various hand techniques, including gentle strokes, rapid tapping, pinching, and kneading, to stimulate blood circulation, encourage lymphatic drainage, and relieve muscle tension in the face, neck, and shoulders.

60 Minutes 110 Euro

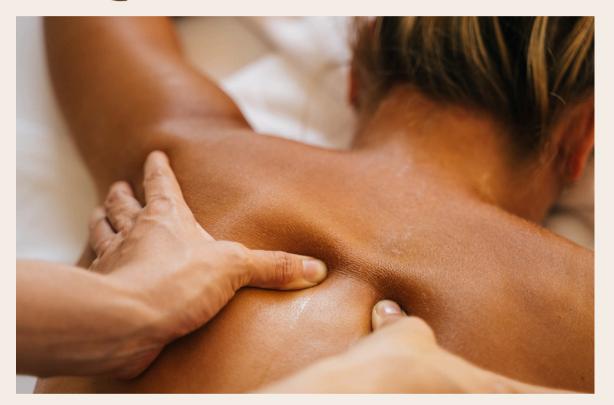
### Narural Face Lifting

banquet treatment consisting of 4 stages

- 1. cavitation peeling
- 2. lifting facial massage
- 3. gua sha massage
- 4. liftig mask

90 Minutes 180 Euro

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### **BODY MASSAGE**

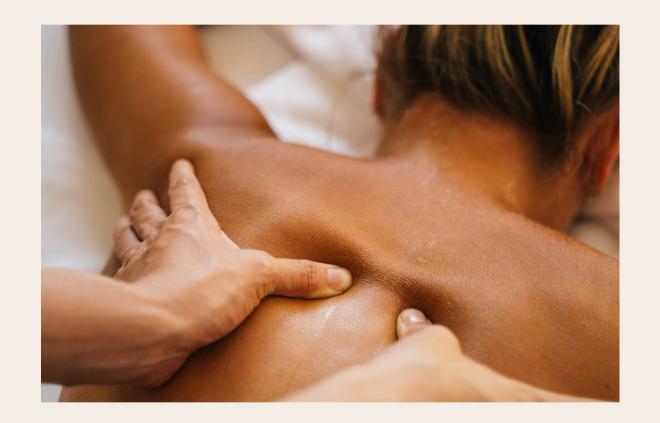
Back classic/relaxion massage

45 minutes - 100 Euro

Full body classic/relaxion massage

75 minutes - 140 Euro

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#### **BODY TREATMENT**

### **Chocolate Ritual**

- 1. Chocolate scrub
- 2. Massage with hot Chocolate
- 90 Minutes 180 Euro

### **Antycellulite Ritual**

- 1. Coffe scrub
- 2. Antycellulite massage with Chinese bubble

#### 90 Minutes 180 Euro